



FRIDAY NIGHT HIT & HOPERS

O P E N N I G H T F R O M 7 P M

OUR PHILOSOPHY:

Welcome to our Friday Night Hit & Hoppers which is open to both members and visitors. Our sessions are totally inclusive with the emphasis on Social Doubles Mix-ins. Should you need to improve your skills and gain confidence, we have a member of our Professional Coaching Team available during the first 1.5 hours. No need to organise a game just turn up play, practice and make new friends.

FORMAT (Fee £7.50pp)

SOCIAL DOUBLES MIX-IN

- **TIME:** 7pm to close
- **STANDARD:** Improvers who are familiar with tennis and have the basic skills of serve rally and score are very welcome
- **STAFF:** SDTC staff running a computer-generated selection system for fairness
- **FORMAT:** Normal scoring games with sudden death deuce timed 20-minute match play
- **COURTS:** from 7pm 2 x Indoor & 2 x Out from 8.30pm 4 x Indoor & 2 x Out
- **STAY ON:** play and socialise in our bar until close

COACHING BLOCK

- **TIME:** 7pm – 8.30pm
- **STANDARD:** For Beginners, Returners & Improvers
- **STAFF:** 1 – 2 LTA Qualified Tennis Coaches
- **FORMAT:** Beginners to work on improving their technique and Improvers developing their tactics through game-based drills
- **COURTS:** from 7pm 2 x Indoor & 2 x Outdoor
- **STAY ON:** from 8.30pm for Free Play on outdoor courts self-run or if you feel up to the challenge sign up for the Social Doubles Mix-In (please let your coach know around 8pm so your name is added to the computer in good time)

We hope you have an enjoyable evenings tennis
SDTC Committee



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O P E N N I G H T F R O M 7PM

SDTC STAFF POLICY & PROCEDURE

1. As this is an OPEN NIGHT - visitors have the same rights as members
2. To address the imbalance the 8 x courts will be split in half between Social Doubles Mix-In and the Coaching (see court distribution below)
3. Visitors and members are entitled to play in either section

	SOCIAL DOUBLES MIX-IN (SDTC STAFF – Computer System)	COACHING BLOCK (SDTC COACH + Assistant)
7.00PM	INDOOR COURTS 1 & 2 OUTDOOR COURTS 1 & 2	INDOOR COURTS 3 & 4 OUTDOOR COURTS 3 & 4
8.30PM	<ul style="list-style-type: none"> 8pm – 8.15pm SDTC Staff to liaise with SDTC Coach re H&H players joining doubles system 	<ul style="list-style-type: none"> 8pm Coach to ask players who wants to join doubles system or Free Play outside
8.30pm	INDOOR COURTS 1, 2, 3 & 4 OUTDOOR COURTS 1 & 2	OUTDOOR COURTS 3 & 4 Free Play for H&H players self-run not wishing to join the doubles system
CLOSE	<ul style="list-style-type: none"> Expand Social Doubles Mix-In onto 6 x courts 	<ul style="list-style-type: none"> Improvers encouraged to join in with Social Doubles Mix-In System
SDTC STAFF OR SDTC COACH CAN OFFER COURTS TO EACH OTHER IF NUMBERS ARE LOW		

SOCIAL DOUBLES MIX-IN COMPUTER SYSTEM

NB	Please note that sessions do not start and end on the hour/half hour but ASAP which will help when busy dealing with both H&H payments and adding names onto the computer
Playing Time	Reduced from 30 minutes to 20 minutes to increase the number of rounds, less waiting, more variety of opponents and less chance of cooling down to avoid injury
At 7pm	As its busy first arrivals can go onto court to warm up whilst other players arrive and the computer system is being arranged – once this is done then players can be called in to the bar to view the screen and the first 20 minute round can commence
Scoring	Normal Games with a Sudden Death point at Deuce – Returners choose who returns
Round Make-Up	Priority to schedule (1) MIXED DOUBLES & (2) MEN'S/LADIES DOUBLES (FREE for ALL to be used less frequently as odd male/female numbers produce this)
NB	No staff intervention as players can rearrange pairings displayed for best combination (Transparent system - no staff intervention to protect staff from confrontation or coercion)