

## IVYBRIDGE TENNIS CLUB ADULT COACHING



## SHOT OF THE WEEK

EVERY WEDNESDAY FROM 6PM -7PM

Pick a shot and join this 1 hour drop-in coaching session. Learn the technical & tactical information around each shot.

JANUARY 2014	
08 <sup>th</sup>	The <b>SLICED BACKHAND:</b> You can't beat a good slice!
<b>15</b> <sup>th</sup>	The <b>VOLLEY:</b> A wonderfully quick way to win a point!
22 <sup>nd</sup>	The <b>TOPSPIN FOREHAND:</b> All the Pro's use itwhy not you?
29 <sup>th</sup>	The <b>SMASH:</b> Keep it simplekeeps it safe!

## ITC MEMBERS £5:00pp VISITORS £5:50pp

## **SIGN UP AS FOLLOWS**

- <u>Pick a topic</u> and you can sign up by either calling the club (01752) 893700 or directly with the staff at the clubs reception.
- <u>Payment must be made</u> when signing up by card, cash or cheque. (cheques payable to Ivybridge Tennis Club)
- Sign up cut-off Monday 12 noon each week
- Minimum of 4 players for the session to run
- Should 3 or less players sign <u>you'll receive a cancellation phone call</u> from the club staff on either the Monday or Tuesday prior to the session. You'll be offered an opportunity to sign up on an alternative week.